



# Cub Scout Soccer

## Cub Scout Academics and Sports Workbook

This workbook is not required but can help you with this award. Belt Loops and Pins may be earned more than once.

Links to other workbooks and resources are at the end of this workbook: [Online Resources](#).

Send comments to the workbook developer: [craig@craiglincoln.com](mailto:craig@craiglincoln.com). Workbook updated: April 2008.

Scout's Name: \_\_\_\_\_

Pack: \_\_\_\_\_

### **Cub Scout Soccer Belt Loop** (See the [Pin Requirements](#) below.)

**Complete these three requirements:**

1. Explain the rules of soccer to your leader or adult partner. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. Spend at least 30 minutes practicing soccer skills. \_\_\_\_\_
3. Play a game of soccer. \_\_\_\_\_

### **Cub Scout Soccer Pin**

**Earn the Cub Scout Soccer belt loop, and complete five of the following requirements:**

1. Participate in a pack, school, or community soccer tournament. \_\_\_\_\_
2. Demonstrate the skills of passing, \_\_\_\_\_  
collecting, \_\_\_\_\_  
shooting, \_\_\_\_\_  
heading, \_\_\_\_\_  
dribbling, \_\_\_\_\_  
and tackling. \_\_\_\_\_
3. Demonstrate skill in goal keeping. \_\_\_\_\_
4. Accurately lay out a soccer field for a game. \_\_\_\_\_
5. Demonstrate five types of fouls and explain why players should avoid them. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Demonstrate how to juggle the soccer ball and keep it from touching the ground for 30 seconds. \_\_\_\_\_

7. Play at least two games of Soccer Tennis. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

8. Spend at least a total of six hours playing soccer. Keep track of your time on a chart. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

9. Join a soccer team in your community or school. \_\_\_\_\_

10. Attend a high school, college, or professional soccer game. \_\_\_\_\_

11. Learn about a U.S. Olympic soccer team and report your information to your den. \_\_\_\_\_

12. Explain the history of soccer. \_\_\_\_\_

**Online Resources** (Use any Internet resource with caution and only with your parent's or guardian's supervision.)

**Cub Scout Advancement:** <http://usscouts.org/advance/cubscout/ranks.asp>

**Tiger:** <http://meritbadge.org/wiki/index.php?title=Tiger>

**Wolf:** <http://meritbadge.org/wiki/index.php?title=Wolf>

**Bear:** <http://meritbadge.org/wiki/index.php?title=Bear>

**Webelos:** <http://meritbadge.org/wiki/index.php?title=Webelos>

**Cub Scout Academics and Sports Workbooks:** ▶ [meritbadge.org](http://meritbadge.org) -or- ▶ [Academics](#) / [Sports](#)

**Webelos Activity Badge Workbooks:** ▶ [usscouts.org](http://usscouts.org) -or- ▶ [meritbadge.org](http://meritbadge.org)

**Boy Scouts of America:** <http://www.scouting.org/> ▶ [Guide to Safe Scouting](#) ▶ [Age-Appropriate Guidelines for Activities](#)

**ExpertVillage.com Soccer Lesson Videos:**

 [Basics](#)

 [Positions](#)

 [Soccer Rules](#)

 [Offsides](#)

 [Passing](#)

 [Dribbling](#)

 [Trapping](#)

 [Volley](#)

 [Shooting](#)

 [Heading](#)

 [Throw In](#)

 [Soccer Juggling](#)

 [more...](#)

Soccer Rules: [http://www.soccerhelp.com/Soccer\\_Rules\\_Rules\\_Of\\_Soccer.shtml](http://www.soccerhelp.com/Soccer_Rules_Rules_Of_Soccer.shtml)

Basic Soccer Rules for Parents: <http://www.soccer-for-parents.com/soccer-rules.html>

Basic Soccer Terms for Parents: <http://www.soccer-for-parents.com/soccer-terms.html>

Soccer Fouls: [http://www.soccerhelp.com/Soccer\\_Tips\\_Dictionary\\_Terms\\_F.shtml#fouls](http://www.soccerhelp.com/Soccer_Tips_Dictionary_Terms_F.shtml#fouls)

Soccer History and Overview: <http://en.wikipedia.org/wiki/Soccer>

Youth Soccer Field Layouts: [http://www.northaustinsoccer.org/field\\_layouts.html](http://www.northaustinsoccer.org/field_layouts.html)

American Youth Soccer Association: <http://soccer.org/>

Encyclopedia Britannica Online: <http://www.britannica.com/bps/topic/550852/football-soccer>